

Deer Shed Base Camp Destination Boroughbridge

Route via Cundall and Norton-le-Clay **13.5km (8.4 miles)**

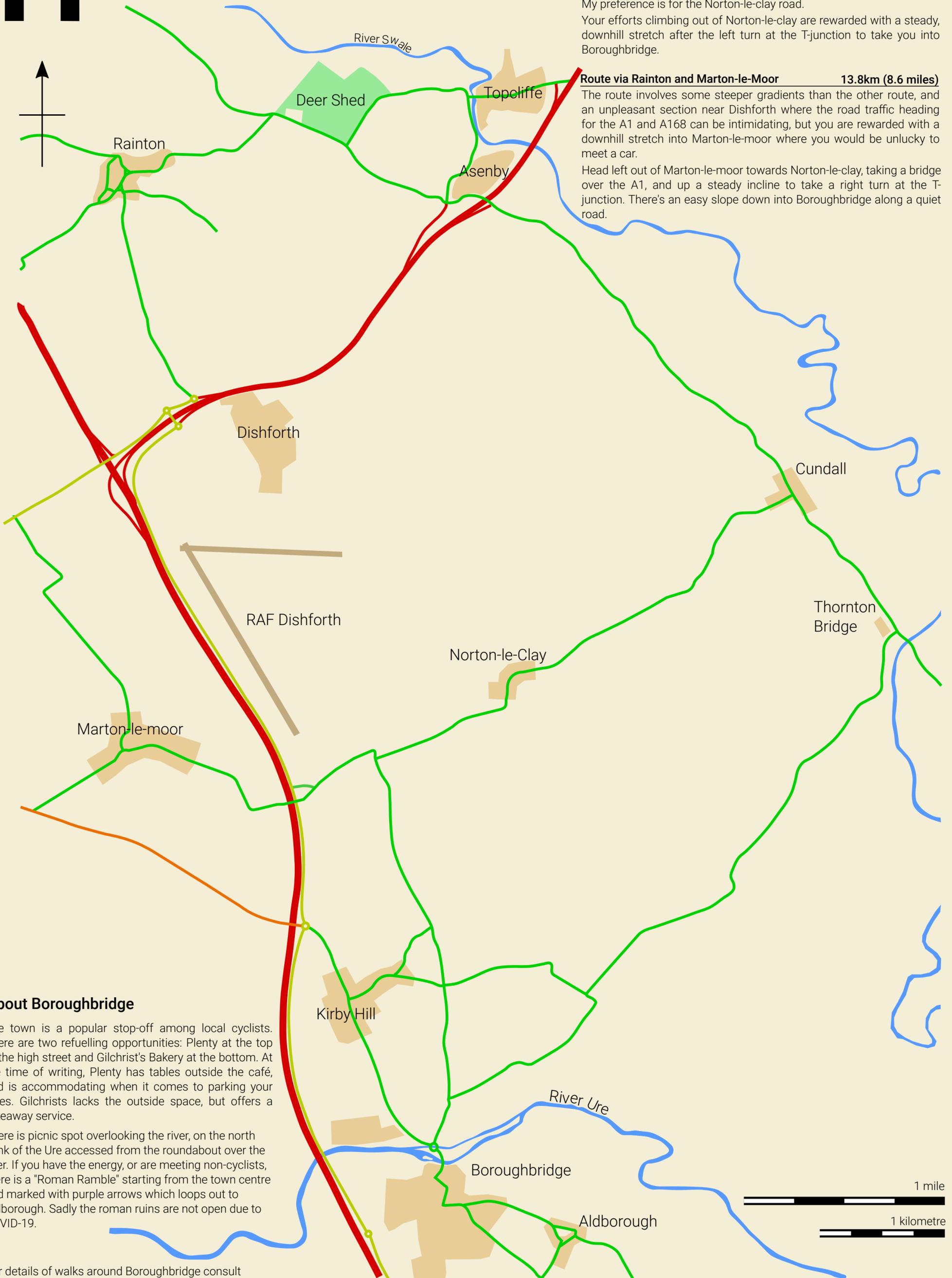
The route is mostly flat with the occasional ramp around Cundall to keep you fit and build an appetite. In terms of distance there is nothing to choose between the road via Thornton Bridge and the one via Norton-le-clay. The former is the flatter route, the latter road is quieter. My preference is for the Norton-le-clay road.

Your efforts climbing out of Norton-le-clay are rewarded with a steady, downhill stretch after the left turn at the T-junction to take you into Boroughbridge.

Route via Rainton and Marton-le-Moor **13.8km (8.6 miles)**

The route involves some steeper gradients than the other route, and an unpleasant section near Dishforth where the road traffic heading for the A1 and A168 can be intimidating, but you are rewarded with a downhill stretch into Marton-le-moor where you would be unlucky to meet a car.

Head left out of Marton-le-moor towards Norton-le-clay, taking a bridge over the A1, and up a steady incline to take a right turn at the T-junction. There's an easy slope down into Boroughbridge along a quiet road.



About Boroughbridge

The town is a popular stop-off among local cyclists. There are two refuelling opportunities: Plenty at the top of the high street and Gilchrist's Bakery at the bottom. At the time of writing, Plenty has tables outside the café, and is accommodating when it comes to parking your bikes. Gilchrist's lacks the outside space, but offers a takeaway service.

There is picnic spot overlooking the river, on the north bank of the Ure accessed from the roundabout over the river. If you have the energy, or are meeting non-cyclists, there is a "Roman Ramble" starting from the town centre and marked with purple arrows which loops out to Aldborough. Sadly the roman ruins are not open due to COVID-19.

For details of walks around Boroughbridge consult www.boroughbridgewalks.co.uk